

# **Statement of purpose**

Health and Social Care Act 2008

North East Child Psychiatry Ltd

Dr Zoë Gilder  
Consultant Child and Adolescent Psychiatrist  
Company Director

May 2023

## Statement of purpose, Part 1

Health and Social Care Act 2008, Regulation 12, schedule 3

The provider's business contact details, including address for service of notices and other documents, in accordance with Sections 93 and 94 of the Health and Social Care Act 2008

### 1. Provider's name and legal status

Full name <sup>1</sup>	North East Child Psychiatry Ltd					
CQC provider ID						
Legal status <sup>1</sup>	Individual	<input type="checkbox"/>	Partnership	<input type="checkbox"/>	Organisation	<input checked="" type="checkbox"/>

### 2. Provider's address, including for service of notices and other documents

Business address <sup>2</sup>	25 Athol Gardens Monkseaton
Town/city	Whitley Bay
County	Tyne and Wear
Post code	NE25 9DN
Business telephone	07493 676264
Electronic mail (email) <sup>3</sup>	contact@northeastchildpsychiatry.co.uk

By submitting this statement of purpose you are confirming your willingness for CQC to use the **email address** supplied at Section 2 above for service of documents and for sending all other correspondence to you. Email ensures fast and efficient delivery of important information. If you do not want to receive documents by email please check or tick the box below. We will not share this email address with anyone else.

I/we do <b>NOT</b> wish to receive notices and other documents from CQC by email	<input type="checkbox"/>
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<sup>1</sup> Where the provider is a partnership please fill in the partnership's name at 'Full name' in Section 1 above. Where the partnership does not have a name, please fill in the names of all the partners at Section 3 below

<sup>2</sup> Where you do not agree to service of notices and other documents by email they will be sent by post to the business address shown in Section 2. This includes draft and final inspection reports. This postal business address will be included on the CQC website.

<sup>3</sup> Where you agree to service of notices and other documents by email your copies will be sent to the email address shown in Section 2. This includes draft and final inspection reports.

*Please note:* CQC can deem notices sent to the email or postal address for service you supply in your statement of purpose as having been served as described in Sections 93 and 94 of the Health and Social Care Act 2008. The address supplied must therefore be accurate, up to date, and able to ensure prompt delivery of these important documents.

3. The full names of all the partners in a partnership	
<b>Names:</b>	

## **Aims and objectives**

*What are your aims and objectives in providing the regulated activities and locations shown in part 3 of this statement of purpose*

At North East Child Psychiatry (NECP) our vision is:

- To provide excellent psychiatric care for young people in the North East to help them achieve their highest potential – in their wellbeing, with friends and family, at school and in life.

At North East Child Psychiatry (NECP) we aim:

- To provide high quality, compassionate mental health care focused on children, young people and their families and carers
- To treat everyone with respect and dignity
- To offer a service young people want to come back to and recommend to their friends and family
- To seek appropriate consent at all times
- To ensure all interventions are safe
- To promote early intervention to reduce burden of illness or developmental disorder
- To work in partnership with young people and their families and carers
- To provide expert assistance and support
- To offer choice and flexibility
- To promote growing independence as young people approach adulthood and transition
- To see people locally, but also offer video and telephone consultations as required
- To work closely with other services and professionals to ensure young people receive joined up care
- To create a clinical environment which is safe and feels comfortable and relaxing
- To actively seek feedback from our patients and their families and carers
- To respond openly and quickly to compliments, concerns, incidents or complaints; this includes following guidance around Duty of Candour
- To respect and legally comply with personal information and data confidentiality
- To make sure all staff are up to date with experience, skills, training and knowledge-base
- To manage the service on a financially viable basis

At North East Child Psychiatry (NECP) our values are:

- Individualised care – we spend time getting to know you and your family, we make sure we understand what you want and need
- Personalised care – Dr Gilder offers face to face contacts routinely (and always for the initial assessment) but with the option of video and telephone reviews; that helps build a strong relationship.
- High quality care – we incorporate evidence-based practice and accepted best practice, this ensures we are effective and support young people to see positive change. Dr Gilder engages with continuous learning to develop her practice and stay up-to-date.
- Respect
- Safety
- Honesty and transparency
- Collaboration – we work with you to make sure we agree what the goals of each contact should be.
- Responsiveness – we try to respond calmly and helpfully but also quickly to any issues; we are a small organisation so can respond to enquiries and events quickly and flexibly, we have less bureaucracy than larger and national organisations.
- Aspiration – we are continually reviewing and improving our practice.
- Efficiency – we are a paper-free organisation and reports and letters are sent out via secure email rather than in the post; this reduces time waste and is more environmentally sustainable.
- Simplicity – we keep processes as simple as possible and minimise barriers to accessing our care.
- Professionalism – our goal is that in all areas of our practice we behave professionally.
- Marking success and achievements, acting on complaints or incidents.

At North East Child Psychiatry (NECP) we offer the following services:

- General psychiatric assessments
- Specific diagnostic assessments – ADHD
- Psychiatric reviews
- Psychoeducation
- Advice and general therapeutic guidance (Dr Gilder is not a qualified therapist)
- Prescribing of appropriate psychiatric medications
- Acting as young people's advocate – supporting and representing their best interests
- Psychiatric report and letter writing
- Contribution to statutory applications e.g. EHCP, DLA / PIP, DVLA

- Psychiatric consultation for other clinical services e.g. contributing to autism multidisciplinary panels, SEMH schools, complex case multidisciplinary discussions
- Liaison with other agencies e.g. health (GPs, children's NHS and private sector), education (schools, colleges and universities), social care (children's, adult's, Early Help, safeguarding and disabilities teams), voluntary sector
- Psychiatric supervision for other professionals
- Teaching
- Preparation of information and resources – written, video – publicly available

The information below is for location no.:	1	of a total of:	1	locations
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<b>Name of location</b>	North East Child Psychiatry
<b>Address</b>	56 Cauldwell Lane Monkseaton Whitley Bay
<b>Postcode</b>	NE25 8LN
<b>Telephone</b>	07493 676264
<b>Email</b>	contact@northeastchildpsychiatry.co.uk

### **Description of the location**

(The premises and the area around them, access, adaptations, equipment, facilities, suitability for relevant special needs, staffing & qualifications etc)

The premises are a suite of rooms on the ground floor of a terraced building. As the building is entered from the street the first room acts as a waiting room, from this room there is a short corridor leading to a private toilet and a doorway to a clinic room. A further door leads to Dr Gilder's office (not accessed by patients or carers). Also in the suite of rooms is a kitchen which is not accessed by patients or carers.

The waiting room has facilities for making refreshments including a fridge with cold water and milk, a kettle and coffee machine as well as a small number of packaged, sealed snacks. There are toys, games and books available for children and young people as well as magazines for older adolescents and adults; a speaker is playing music at low volume.

The clinic room has a range of toys and activities for children and young people. The office has a lockable cabinet where confidential information and unused prescriptions are kept. All rooms have radiators and separate heaters if needed, they have electric fans and all rooms have opening windows. The building has a locked front door at street level, those requiring access are sent a code to enter into the digital access system, this is changed on a monthly basis. Arrangements are made for those with additional access needs.

There is free parking on the road outside the building as well as neighbouring roads, there are a number of free car parks close by. There are a number of local bus routes with the closest bus stop directly outside the building. The Tyne and Wear metro has two stations within easy walking distance.

The building is on the main high street of Monkseaton, next to Whitley Bay. Near by are shops including a Spar mini-supermarket, post office, cafes and sandwich shops and residential housing.

The rooms are on the ground floor and accessible by those in wheelchairs or who have prams / buggies. There is also rear access via the kitchen for use in emergencies.

Within the rooms, the only staff member is Dr Zoë Gilder who is a medically qualified consultant psychiatrist.

The rooms are used by children and young people – patients as well as siblings who accompany them to appointments, parents and other family members, carers and other professionals. Patients have a broad range of difficulties and diagnoses.

**No of approved places / overnight beds (not NHS)**

N/A



**CQC service user bands**

The people that will use this location ('The whole population' means everyone).

Adults aged 18-65	<input checked="" type="checkbox"/>	Adults aged 65+	<input type="checkbox"/>
Mental health	<input checked="" type="checkbox"/>	Sensory impairment	<input checked="" type="checkbox"/>
Physical disability	<input type="checkbox"/>	People detained under the Mental Health Act	<input type="checkbox"/>
Dementia	<input type="checkbox"/>	People who misuse drugs or alcohol	<input checked="" type="checkbox"/>
People with an eating disorder	<input checked="" type="checkbox"/>	Learning difficulties or autistic disorder	<input checked="" type="checkbox"/>
Children aged 0 – 3 years	<input checked="" type="checkbox"/>	Children aged 4-12	<input checked="" type="checkbox"/> Children aged 13-18 <input checked="" type="checkbox"/>
The whole population	<input type="checkbox"/>	Other (please specify below)	<input type="checkbox"/>

The CQC service type(s) provided at this location	
Acute services (ACS)	<input type="checkbox"/>
Prison healthcare services (PHS)	<input type="checkbox"/>
Hospital services for people with mental health needs, learning disabilities, and problems with substance misuse (MLS)	<input type="checkbox"/>
Hospice services (HPS)	<input type="checkbox"/>
Rehabilitation services (RHS)	<input type="checkbox"/>
Long-term conditions services (LTC)	<input type="checkbox"/>
Residential substance misuse treatment and/or rehabilitation service (RSM)	<input type="checkbox"/>
Hyperbaric chamber (HBC)	<input type="checkbox"/>
Community healthcare service (CHC)	<input type="checkbox"/>
Community-based services for people with mental health needs (MHC)	<input checked="" type="checkbox"/>
Community-based services for people with a learning disability (LDC)	<input type="checkbox"/>
Community-based services for people who misuse substances (SMC)	<input type="checkbox"/>
Urgent care services (UCS)	<input type="checkbox"/>
Doctors consultation service (DCS)	<input checked="" type="checkbox"/>
Doctors treatment service (DTS)	<input checked="" type="checkbox"/>
Mobile doctor service (MBS)	<input type="checkbox"/>
Dental service (DEN)	<input type="checkbox"/>
Diagnostic and or screening service (DSS)	<input type="checkbox"/>
Care home service without nursing (CHS)	<input type="checkbox"/>
Care home service with nursing (CHN)	<input type="checkbox"/>
Specialist college service (SPC)	<input type="checkbox"/>
Domiciliary care service (DCC)	<input type="checkbox"/>
Supported living service (SLS)	<input type="checkbox"/>
Shared Lives (SHL)	<input type="checkbox"/>
Extra Care housing services (EXC)	<input type="checkbox"/>
Ambulance service (AMB)	<input type="checkbox"/>
Remote clinical advice service (RCA)	<input type="checkbox"/>
Blood and Transplant service (BTS)	<input type="checkbox"/>

Regulated activity(ies) carried on at this location		
Personal care	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Accommodation for persons who require nursing or personal care	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Accommodation for persons who require treatment for substance abuse	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Accommodation and nursing or personal care in the further education sector	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Treatment of disease, disorder or injury	<input checked="" type="checkbox"/>	
Registered Manager(s) for this regulated activity: Dr Zoë Gilder		
Assessment or medical treatment for persons detained under the Mental Health Act	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Surgical procedures	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Diagnostic and screening procedures	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Management of supply of blood and blood derived products etc	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Transport services, triage and medical advice provided remotely	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Maternity and midwifery services	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Termination of pregnancies	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Services in slimming clinics	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Nursing care	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		
Family planning service	<input type="checkbox"/>	
Registered Manager(s) for this regulated activity:		

The information below is for manager number:	1	of a total of:	1	Managers working for the provider shown in part 1
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<b>1. Manager's full name</b>	Dr Zoë Louise Gilder
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2. Manager's contact details	
<b>Business address</b>	25 Athol Gardens Monkseaton
<b>Town/city</b>	Whitley Bay
<b>County</b>	Tyne and Wear
<b>Post code</b>	NE25 9DN
<b>Business telephone</b>	07493 676264
<b>Manager's email address<sup>1</sup></b>	
contact@northeastchildpsychiatry.co.uk	

<sup>1</sup> Where the manager has agreed to service of notices and other documents by email they will be sent to this email address. This includes draft and final inspection reports on all locations where they manage regulated activities.

Where the manager does not agree to service of notices and other documents by email they will be sent by post to the provider postal business address shown in Part 1 of the statement of purpose. This includes draft and final inspection reports on all locations.

*Please note:* CQC can deem notices sent to manager(s) at the relevant email or postal address for service in this statement of purpose as having been served, as described in Sections 93 and 94 of the Health and Social Care Act 2008. The address supplied must therefore be accurate, up to date, and able to ensure prompt delivery of these important documents to registered managers.

3. Locations managed by the registered manager at 1 above (Please see part 3 of this statement of purpose for full details of the location(s))	
Name(s) of location(s) (list)	Percentage of time spent at this location
56 Cauldwell Lane Monkseaton Whitley Bay NE25 8LN	100%

#### 4. Regulated activity(ies) managed by this manager

Personal care	<input type="checkbox"/>	
Accommodation for persons who require nursing or personal care	<input type="checkbox"/>	
Accommodation for persons who require treatment for substance abuse	<input type="checkbox"/>	
Accommodation and nursing or personal care in the further education sector	<input type="checkbox"/>	
Treatment of disease, disorder or injury	<input checked="" type="checkbox"/>	
Assessment or medical treatment for persons detained under the Mental Health Act	<input type="checkbox"/>	
Surgical procedures	<input type="checkbox"/>	
Diagnostic and screening procedures	<input type="checkbox"/>	
Management of supply of blood and blood derived products etc	<input type="checkbox"/>	
Transport services, triage and medical advice provided remotely	<input type="checkbox"/>	
Maternity and midwifery services	<input type="checkbox"/>	
Termination of pregnancies	<input type="checkbox"/>	
Services in slimming clinics	<input type="checkbox"/>	
Nursing care	<input type="checkbox"/>	
Family planning service	<input type="checkbox"/>	

## 5. Locations, regulated activities and job shares

Where this manager does not manage all of the regulated activities ticked / checked at 4 above at all of the locations listed at 3 above, please describe which regulated activities they manage at which locations below.

Please also describe below any job share arrangements that include or affect this manager.

